

THE RICHES OF THE INTUITION

*One in a series of reflection booklets
published by Grail Publications*

SUMMARY

The Riches of the Intuition	2
Discovering our intuition	3
The origin of the intuition	4
Intuition and feeling	6
Certain manifestations of the intuition	9
In the Light of Truth	11
The Inner Voice	13
The Grail	18

THE RICHES OF THE INTUITION

by Guy Poulin

It is said that an intuitive person is a person who, when faced with a decision, knows which direction to take, but is not necessarily able to explain why this direction is the right one. On the other hand, someone using his reason to make a decision will analyze the situation, will weigh the pros and cons through tedious reflection, and then will choose one direction or another based on these arguments. They will also explain the reasoning behind their choice.

It is also said that a woman is more intuitive than a man, because a man relies more on his reasoning. Most of the time, much credibility is given to intellectual reasoning and little credit is given to the intuition, which is incapable of justifying its position by proofs and arguments.

Yet some people have observed that any decision based on an intuition, although unable to be justified with evidence, would have been the best choice. We prefer to be proud and to trust in our intellectual reasoning. We are wrong. And this is what most people know of the intuition. However, what they do not know is why the intuition is always right even though it is not based on proven evidence. What they also do not know is the true nature of the intuition, its origin, and what are the possibilities and riches that it offers.

It would be interesting to know more about the intuition. To do this, let us start with some observations, but more importantly with new knowledge drawn from a work of spiritual high value entitled: “**In the Light of Truth – The Grail Message**”. The author of this spiritual work is **Abd-ru-Shin**.

This work gives us clear, logical and complete explanations of everything that concerns spiritual life, the evolutionary path we

should follow, the attitude to adopt in Creation in order to find true happiness...and many other topics.

Discovering our intuition

Regarding the intuition, we learn that this precious gift exists in every human being, man and woman. In fact, being of the human species itself implies that we possess an intuitive perception. This perception is closely linked to the human race. When used as its optimum, a woman has a more refined and delicate intuition and that is why she can perceive and feel more than a man...on the condition that it is used well. It would be beneficial if man also listened more closely to his intuition; he would be surprised at the rich possibilities that this gift also offers him.

Unfortunately, many human beings, men and women, do not realise that they have this gift within them. Consequently, they do not use it at all. Others have heard of this gift but do not take it seriously. Still, others sometimes sense this intuition but due to ignorance or neglect, choose to ignore it. As a result, they feel burdened without knowing why. Rare are those who clearly sense this intuition and benefit from its guidance.

Why is this gift not accessible to all in the same way? Actually, this gift is available to everyone, as it exists within each of us. Unfortunately, not everyone gives it a chance to manifest itself at a conscious level. For this to happen, one must listen inwardly... which means to “pay attention”...become aware of and more sensitive to one’s deep inner feelings.

This awareness however, is not easy for present day man to detect. This is because it is difficult for him to free himself from his daily routine, especially when the day is hard and stressful. As soon as he is ready to open up to the intuition or inner voice, he is bombarded with countless thoughts running through his mind

and his imagination overwhelms him to the point where he cannot shut it off. This hinders him considerably in his efforts to pay attention to the intuition and be perceptive to its voice that is first felt in the solar plexus followed by living images, if the intellect could but yield its place a little.

Why is it so difficult today for many human beings to be opened to their intuitive perception? To understand this, one needs to examine the origin of the intuition and also the evolution of humanity.

The origin of the intuition

The intuition is a faculty that is felt on the physical body in an area called the solar plexus. However, this gut feeling does not originate from either the brain or the nervous system, even though it manifests through them. The intuition originates in the spiritual being that inhabits the physical body. This is because the human being is fundamentally a spiritual being incarnated on earth in a physical body for a certain length of time.

In the beginning, we were all unconscious spirit germs who lived in a Higher World of the Beyond that we call “Paradise” or the “Heavenly Realms”. It is a world of extraordinary beauty and great perfection. In order to awaken and become conscious, the spirit germ had to leave this ideal World and descend into worlds much lower and further away from the Creator. In these worlds, the spirit germs must awaken to consciousness; grow to the full maturity necessary for our return to Paradise, this time as fully conscious spiritual beings. And from thereon, we can live an eternal conscious existence in this wonderful World.

One of the lower planes where the spirit germs must mature is the physical world in which we presently live. On this earth, evolving spirits like us must live through different experiences, which helps

us reach maturity. This maturity, which we must achieve here on earth, cannot be attained in one earth life. For this reason, we must return to this earth more than once. Therefore, we reincarnate.

To mature on the earth plane, a human being has two types of abilities at his disposal. One originates from the intimate inner being, which is the spiritual core. On earth, this is manifested through the intuition, which should be felt much more clearly in each one of us than is the case today. The second ability, the intellect, is associated with the physical body, but more exactly to the sensory organs, the brain and the nervous system.

In his spiritual work **“In the Light of Truth – The Grail Message”**, Abd-ru-Shin tells us that these two abilities should have been developed to the same degree. In this way, every human being would have had a well-developed intellect to cope perfectly on the earthly plane, as well as a clear intuition for easy contact with all that are beyond the material world. He would therefore have lived his life on earth as a well-grounded human being but also have maintained a direct link with the World of the Beyond, even with his place of origin, Paradise. He would have felt a far greater inspiration to ennoble and uplift his life on earth, to develop beauty and harmony around him and to further all that is good around him. His evolution and his maturity would have been attained much more easily and quickly than at present.

Unfortunately, during our evolution, spread over many lives, humans committed a huge error and maintained it. We made the mistake of developing a strong propensity for earthly values, material goods and intellectual knowledge. We forced an over development of their intellect, whose origin is in the frontal brain. This mistake was compounded by a bigger one by allowing our intuitive connection with the pure and elevated Worlds of the Beyond to progressively deteriorate; thereby letting go of our inner spiritual life. The result of these two mistakes was that over the course of our many incarnations on earth, human beings became

more and more logical thinking beings, and less and less inspired and receptive beings. We lost the ability to let ourselves be guided and inspired by the numerous helpers from the Beyond.

Today, many are completely cut off from any real contact with the Beyond and with the influence of God. Their interests are uniquely directed towards all that is material and earthly.

This is the fundamental reason why the “voice of the spirit”, the intuition, is so hard for many to perceive. If now this is difficult, it is because the powerful intellect assails our mind with stressful thoughts and we only have a weak connection to a spiritual life. This does not mean that we cannot gradually re-establish this connection. This is possible even if it requires much effort in the beginning. In the same way that great effort is required to restore a path that has long been neglected and is now overrun by shrubs, we must do the same with our inner life to re-establish contact with our intuitive perception, the ability which opens a door to true spirituality, real life for an authentic communication with God.

Intuition and feeling

If we know now that the intuition manifests in the solar plexus, with deep inner stirrings, one must be careful not to confuse it with feelings awakened by thoughts and physical instincts. The intuition is independent of thoughts; it is spontaneous whenever it manifests.

For example: We say that the first impression is always right when we meet someone for the first time. So from the very first encounter, we form an impression of this person. It could be a spontaneous liking, indifference or even repulsion.

Why is the first impression always right and not necessarily other impressions about this person that may arise later? It is because the first impression was spontaneous; it was neither forced nor generated by a thought. Inevitably it is a manifestation of the intuition, which

had instantly sensed the real nature and the real intentions of the person, even if he succeeded in hiding his true self.

Thereafter, other impressions about the same individual follow that may contradict the first impressions. These new impressions are awakened by new opinions formed in the brain, maybe by observation of his outward appearance or through conversation. These new impressions will be nothing other than feelings influenced by thoughts. These feelings can take over and completely obscure the spontaneous intuitive impressions that arose initially and which would have continued to be felt if it was not for the appearance of the feelings. Thus we learn much later, perhaps days or weeks later that the first impression was correct.

According to Abd-ru-shin on this subject :

“It is absolutely impossible for the intuitive perception to err!”

“Whenever man is led astray there are two reasons for his errors – either the intellect or the feeling!”

“How often one hears it said: “In this or that matter I allowed myself to be guided by my feelings and got into trouble! One should only rely on one’s intellect. ”

“Such persons have mistaken their feelings for their inner voice. They praise their intellect and have no idea that it is just the intellect which plays such an important part in their feelings. ”

“Therefore be on your guard! Feeling is not intuitive perception! Feeling emanates from the physical body. This generates instincts which, guided by the intellect, produce feeling. It defers greatly from the intuitive perception... ”

“The intuitive perception is spiritual and stands above earthly conceptions of space and time... ”

“But the majority of people have closed themselves to this intuition by pushing their feelings in front of it like a dense veil or wall. Then they mistake the feeling for the inner voice, as a result of which they experience many disappointments... ”

A theory in psychology states that our feelings arise primarily from our thoughts and our imagination. As such, a situation can awaken a certain feeling based on how we perceive the situation. But if we change the way we perceive, the same situation could bring about different feelings.

This is correct... as long as we are talking about feelings and the intuition is not taken into consideration.

But the intuition, this inner voice that spontaneously reveals itself in us, is quite different. The intuition is never influenced by our way of thinking, nor by habits or mentalities. Regardless of our mode of thought, our way of understanding events in our lives or the actions that we take, our intuition always remains the same, expressing the same values and aspirations and interpreting the same events and actions in its own way. It is firm and unchangeable in this regard.

For example, the inner voice can never be reconciled with wrongdoing towards another even if one uses the best reasons in the world to justify his action. The intuition will always reprimand the wrongdoer when it is given the opportunity to be heard.

The only possible influence that an individual can exert on his intuition, is to prevent it from making itself known; thus to stifle it and bury it under troublesome feelings that are caused and awakened by mental ruminations.

The voice of the intuition is then driven back to the level of the unconscious. But even when overrun by feelings completely opposite to what it would like to express, the intuition remains true to itself. It broods in secret and waits for every opportunity to emerge again to the conscience, like a blade of grass that succeeds in piercing through the asphalt, which covered it.

Why are some people no longer truly able to understand themselves? It is because of the contradiction that exists between their inner voice and the thoughts and feelings that are produced through all their intellectual pondering. Therefore they are conscious of their thoughts and feelings but remain unaware of their deeply

buried intuition that is often in disagreement with the lifestyle and values that these people consciously nourish. Harmony and peace of mind will return the day these individuals recognize their intuition – the voice of their spirit – and will allow themselves to be guided by it, which is always the right way.

To be able to finally recognize the intuitive voice, one must be able to distinguish between the intuition and feelings. From “**The Grail Message**”, Abd-ru-shin shows us how to recognize the difference between the two:

“... The pictures of the intuitive perception are genuine and full of living power, while the pictures of the feeling, i.e. the imagination are deceptions produced with borrowed power!”

“In the case of intuitive pictures... the pictures immediately appears first and only thereafter is it transmuted into thoughts...”

“In the case of pictures produced by the frontal brain, the process is reversed. Here the thoughts must precede in order to form the basis for the pictures...”

*Volume II. Lecture 70. **The intuitive Perception***

It is not easy for many of us to initially untangle all of this within ourselves. However, with effort and attentive observations through the indications given in “**The Grail Message**” one can progressively get there. In so doing, Abd-ru-Shin says:

“... the separating layer will soon become thinner and lighter again, till finally it disintegrates altogether, and the still pure untarnished spark bursts forth into a blazing flame.”

*Volume II. Lecture 7. **The Inner Voice***

Certain manifestations of the intuition

In concluding, I would like to mention certain manifestations of the intuition.

Perhaps at some point in your life, you have aspired to a pure and high ideal, an ideal of kindness, an unselfish love that seemed wonderful and grand, but had difficulty in defining it clearly: an ideal that seemed too beautiful to be attained here on earth. This ideal, which you had difficulty defining clearly, was an inspiration coming from the intuition. However, if we had developed our spiritual and intellectual abilities to the same extent, it would have been easy to clearly picture any ideal that we seek. It would also have been much easier to find concrete ways to fulfil our ideals here on earth.

Have you ever experienced great pain or overwhelming joy after an unexpected event? At such moments, a strong urge arises within, filled with either gratitude to your Creator or a strong cry for urgent help. You could not even put such deep inner feelings into words, they were so powerful. These kinds of prayers are other manifestations of the intuition.

Also, have you ever been surrounded by nature in a beautiful place, with your heart overwhelmed by its beauty and purity?

Have you ever had a spontaneous urge to be kind or to simply love someone close to you unconditionally, and with this urge you desired nothing in return because the act on its own was a great source of joy to you?

All of these, are manifestations of the intuition, the voice of the spirit that gives the human being its value, nobility and beauty.

If human beings on earth would give their intuition its rightful place, meaning the first place, if we would make the intellect an instrument to execute orders from our intuition and not the master that stifles our intuition, then, not only would our earthly lives change for the better – becoming an image of the ideal life that reigns in Paradise – but also, the spirit within the human being would mature faster. This necessary and indispensable maturity would permit us to follow our path unhindered after this earth live in the Beyond to the Eternal Paradise, our true Home.

Guy Poulin

IN THE LIGHT OF TRUTH

The Grail Message by Abd-ru-shin

Among all books of spiritual content this work occupies a unique place. It brings the recognition of the all-embracing Laws of Creation, and guides the reader to a profound knowledge of the meaning of existence. The author writes:

“...I wish to fill the gaps which have so far always remained unanswered in the souls of men, and which never leave any serious thinker in peace, if he honestly seeks the Truth”

For your guidance !

In the Light of Truth – foreword

The bandage falls, and belief becomes conviction. Liberation and redemption lie only in conviction!

I am addressing earnest seekers only. They must be able and willing to examine this matter objectively! Religious fanatics and irresponsible enthusiasts may hold aloof, for they are detrimental to the Truth. As for the malevolent and prejudiced, they shall find their sentence in the very words.

The Message will strike only those who still carry within them a spark of truth, and the yearning to be true human beings. To all such it will become the shining light and staff. It will lead them unswervingly out of all the chaos of the present-day confusion.

The following Word does not bring a new religion, but is intended as the torch to help all serious listeners or readers find the right path, which leads them to the longed-for height.

Only he who bestirs himself can advance spiritually. The fool who uses extraneous aids for this, in the form of the ready-made

opinions of others, only walks his path as if on crutches, while ignoring his own healthy limbs.

But the moment he boldly uses all the abilities which lie dormant within him awaiting his call, to help in his ascent, he is employing the talent entrusted to him in accordance with his Creator's Will, and will easily overcome all obstacles that seek to divert him.

Therefore awake! Genuine faith lies only in conviction, and conviction comes solely through an inflexible weighing and examining! See that you are truly alive in the wonderful Creation of your God!

Abd-ru-shin

THE INNER VOICE

In The Light of Truth. Volume II. Lecture 7

THE SO-CALLED “inner voice”, the spiritual part of man, to which he can listen, is the intuitive perception. It is not without reason that people say: “The first impression is always right!”

As all such expressions and proverbs harbour profound truths, so also here. By the word “impression” is meant “intuitive perception”. For example, what a man intuitively senses at a first meeting with a stranger can either be a kind of warning to be careful, which may even go as far as absolute repugnance, or something pleasant mounting to a feeling of complete affinity. In some cases it may also be indifference!

If now, in the course of conversation or further intercourse, this impression is brushed aside or entirely effaced through the judgment of the intellect, so that the thought arises that the original intuition was wrong, it almost invariably turns out at the end of such an acquaintance that the very first intuition was the right one. And this often occurs to the bitter suffering of those who allowed their intellect to mislead them through the deceptive nature of the other person!

The intuitive perception, which is not bound to space and time but connected with its homogeneous kind, with the spiritual, immediately recognised the true nature of the other person and did not allow itself to be deceived by the cleverness of the intellect.

It is absolutely impossible for the intuitive perception to err!

Whenever man is led astray there are two reasons for his errors – either the intellect or the feeling!

How often one hears it said: “In this or that matter I allowed myself to be guided by my feelings and got into trouble! One should only rely on one’s intellect!”

Such persons have mistaken their feelings for their inner voice. They praise their intellect and have no idea that it is just the intellect which plays such an important part in their feelings.

Therefore be on your guard! Feeling is not intuitive perception! Feeling emanates from the physical body. This generates instincts which, guided by the intellect, produce feeling. It differs greatly from the intuitive perception. The combined working of feeling and intellect, however, gives birth to imagination.

Thus on the spiritual side we have only the intuitive perception which is far above space and time, while on the earthly side we have in the first instance the physical body, which is bound to space and time. From this body emanate instincts which, in co-operation with the intellect, arouse *feelings*.

The intellect, being a product of the brain bound to space and time and the finest and highest element in matter, is able with the co-operation of feeling to produce *imagination*.

Imagination, therefore, is the result of the working together of feeling and intellect. It is ethereal, but *without* spiritual power. For this reason imagination has only a *retroactive effect*. It can only influence the feelings of its creator, but never of itself send out a wave of power to others.

Thus imagination only works *backwards* upon the feeling of its originator. It can only inflame *his* enthusiasm, but never influence his surroundings. This clearly stamps it as belonging to an inferior order. It is different with the intuitive perception. This bears within itself a spiritual power, creative and animating, and sending forth radiations which fire and convince others.

Thus we can observe on the one side the intuitive perception, and on the other side the body, instincts, intellect, feeling and imagination.

The intuitive perception is spiritual and stands above earthly conceptions of space and time. Feeling belongs to fine gross mat-

ter, depending on instincts and intellect, and is therefore of a lower order.

Although feeling consists of fine gross matter, it can *never coalesce* with and thus cannot dim spiritual intuition. The intuition will always remain pure and clear because it is spiritual. And it will always be clearly sensed or “heard” by men if ... it really is the intuitive perception which speaks!

But the majority of people have closed themselves to this intuition by pushing their feelings in front of it like a dense veil or wall. Then they mistake the feeling for the inner voice, as a result of which they experience many disappointments. This prompts them to rely even more on their intellect, never suspecting that it was just through the co-operation of the intellect that they could be deceived.

As a result of this error they are quick to reject everything spiritual, with which their experiences had absolutely nothing to do, and turn more and more to that which is inferior.

The fundamental evil here, as in many other matters, lies in the voluntary subjection of these people to their intellect, which is bound to space and time.

The man who completely subjects himself to his intellect also subjects himself completely to the *limitations* of the intellect which, as a product of the gross material brain, is fast bound to space and time. In this way man chains himself exclusively to gross matter.

All that a man does he does himself and of his own free will. Thus he is not being fettered, but he fetters himself. He permits himself to be dominated by the intellect (this could never happen unless he desired it himself), which by its very nature binds him to space and time and prevents him from recognising or understanding anything which lies beyond.

Through the limitation of the perceptive capacity a veil firmly bound to space and time therefore covers the intuition, which goes beyond space and time. This acts like a boundary, and man can

either no longer hear anything whatever – his “pure inner voice” having been stifled – or he can only “hear” his feeling, which is closely connected with the intellect, instead of his intuition.

It would create a false idea to say that feeling suppresses the pure intuitive perception, for nothing is more powerful than the intuition! It is man’s highest power and can never be suppressed or prejudiced by anything. It is more correct to say that man makes himself incapable of recognising his intuition.

If man fails it is always through his own fault, never because of the strength or weakness of his specific gifts; for just the fundamental gift, the actual power, the strongest part of man, which is the bearer of all life and immortal, is given to all *alike*. In this respect no man has an advantage over another. All differences are due only to the way in which it is *used*.

Neither can this fundamental gift, the immortal spark, ever be dimmed or tarnished. It remains pure, even amid the greatest filth. You need only tear the veil which you have wrapped around you through the voluntary limitation to which you have subjected your perceptive ability! Then, without any transition whatever, it will flare up again as pure and clear as it was at the beginning, unfolding itself fresh and strong to unite with the spiritual.

Rejoice that this treasure lies inviolable within you! It is of no importance whether you are esteemed by your neighbours or not. Every bit of dirt that has gathered like a dam around this spirit-spark can be cast aside through honest goodwill. If you have achieved this and again liberated the treasure, you are worth just as much as he who never buried it.

But woe unto him who through indolence completely closes himself to willing what is good. In the hour of Judgment this treasure will be taken from him, and he will then cease to be.

Therefore awake, you who keep yourselves closed, you who have drawn the cover of your intellect, with its limited ability to understand, over your intuitive perception! Take heed and listen to the

warnings that assail you! Whether it be in the form of a terrible grief, a great emotional upheaval, severe suffering, or a supreme pure joy, all of which are capable of bursting through the dark layer of base feelings, do not let any such thing go by without profiting from it! They are aids which show you the way!

It is better if you do not first wait for them, but set out with the earnest volition for all that is good and for spiritual ascent. In so doing the separating layer will soon become thinner and lighter again, till finally it disintegrates altogether, and the still pure and untarnished spark bursts forth into a blazing flame.

But this first step must and can *only* be taken *by the individual himself* otherwise he cannot be helped!

Therefore you must discriminate sharply between desire and volition. Nothing is achieved by mere “desiring”, it brings no advance. There must be a volition which impels and carries it into action. A serious volition is the beginning of a deed.

Even if many a man must travel on various bypaths, because in the past he had entirely enslaved himself to the intellect, he should have no fear on that account. He also will gain! For him it means to clarify his intellect and slowly to detach himself from and remove all hindrances through every single experience he has to undergo on all the bypaths.

Therefore, advance bravely! With an earnest volition every path will finally lead to the goal!

Abd-ru-shin

THE GRAIL

FOR THOUSANDS OF YEARS, tidings about the Grail have circulated amongst mankind. Early poetry and legends concerning It were followed in later times with serious study and scholarly research. Yet despite many earthly investigations, the question, “What is the Grail?” nevertheless remained without a clear answer. Finally, the Grail came to be regarded either as a lost religious artifact or merely a symbolic conception.

However, we learn from the Grail Message that the Grail actually exists, although it is not to be found upon the earth. Rather, it is described clearly as a spiritual reality. The following passage is excerpted from Abd-ru-shin’s lecture *The World*:

“Far above the eternal cycle of Creation there floats like a crown in the center an “Azure Island”, the abode of the blessed, of the purified spirits, who may already dwell in the Regions of Light! This Island is separate from the World. Therefore it has no part in the cycle; but in spite of its height above the rotating Creation, it constitutes the support and the centre for the outgoing spiritual forces. It is the island that bears on its height the much-praised city with its streets of gold. Here nothing is subject any longer to change. No “Last Judgment” is to be feared any more. Those who can dwell there are “at home”.

But as the last, as the highest on this Azure Island, inaccessible to those not specially called, stands the... Grail Castle, so often spoken of in poetry!

Encompassed by legends, the object of longing to so many, it stands there in the Light of Greatest Glory and harbours the Sacred Vessel of the Pure Love of the Almighty, the Grail!

The purest of spirits are appointed as guardians. They are bearers of Divine Love in its purest form, which is very different from

what men on earth imagine it to be, although they experience it daily and hourly.

Through revelations, tidings of the Castle were brought down stage by stage the immense distance from the Azure Island through the Ethereal World, until finally, through a few deeply inspired poets, they also became known among people of the gross material earth. Passed on downwards step by step, the Truth also unintentionally suffered various misrepresentations, so that the final version could only be an increasingly dimmed reflection, which gave rise to many errors.

If now from some part of the great Creation in dire distress, suffering and ardent appeals rise to the Creator, then a Servant of the Vessel is sent forth as a bearer of this Love to intervene helpfully in the spiritual need. What floats merely as a myth and a legend in the Work of Creation then enters Creation as a living reality!

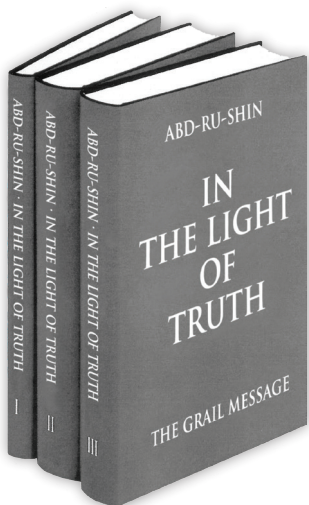
Such missions, however, do not often occur. Each time they are accompanied by incisive changes and great upheavals. Those who are thus sent bring Light and Truth to the erring, Peace to the despairing; with their message they stretch forth their hands to all who seek, offering them new courage and new strength, and guiding them through all Darkness up to the Light.

They come only for those who long for help from the Light, but not for the scoffers and the self-righteous.”

© Stiftung Gralsbotschaft, Stuttgart, Germany, and its Publishing Company.

All rights are reserved in whole or in part, especially in regard to translation and propagation by public lectures, film, radio, television, sound-carrier of any kind, reprinting, photographic reproduction, duplication in other ways, and computer storage in data processing installations.

IN THE LIGHT OF TRUTH THE GRAIL MESSAGE



Why does God allows all this?

What is death?

Is it the end of everything?

Who are we?

Where do we come from?

Where are we going?

What is destiny?

What is the Holy Grail?

What is responsibility?

The Grail Message guides the reader who still carries a spark of goodwill within, joyfully along new and clear paths that cover the whole of creation.

This Message, as it unfolds, answers all questions not yet resolved about human existence here on earth and after physical death, with a strict logic and complete clarity.

Available in Public Libraries and good Book Stores, or directly from Grail Books.



GRAIL BOOKS AUSTRALIA

Tel: (+61) 03 9005 7741

E-mail: books@grail.org.au

Skype: Grailbooks

Visit our Web Site at:

www.grail.org.au/books